# Mobius Model

### RECOGNITION

- Benchmarks of 1, 3, 6 months
- · Present
- · Missing

#### WELL-BEING

- •Mutual Understanding
- Take notes when listening
- ·Repeat what you heard
- ·Verify accuracy
- ·Verify feelings
- ·Switch roles

# RESPONSIBILITY

- Accountability
  - · Both parties
  - · What
  - · When
- Facilitator has role

#### **POSSIBILITY**

- •Brainstorm new possibilities
- •Agree upon possibilities to try
- •Conditions of Satisfaction

#### **ABILITY**

- · Action Plan
- Mutual Agreement
- · Best shot

## COMMITMENT

- · Time
- Energy
- Resources
- Don't move on without Commitment

Facilitator: needs to accurately track what is being said, stay neutral, ask clarifying questions and present possibilities. It is important to keep participants on track, speaking in turn and out of the anger/blame cycle.

#### **Ground rules:**

- -Confidentiality
- -No Name Calling
- -No Retribution
- -Only Speak for Yourself (no "he said, she said")

Initiation: Identify the conflict. State simply what the conflict is perceived to be in just a few words without blame or unnecessary adjectives.